

Hélène Cuisine

Made with love



Fait avec amour

2023		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SOUP	Cream of...	Cabbage roll	Chicken rice	Noce (italian meatball)	Chef's choice
	COLD MEAL	Chicken Caesar salad or wrap	Ham & Cheese sandwich/wrap with veggies	Taco grilled cheese with nachos & salsa	Tuna Melt with veggies	Turkey club with pickle

20d	HOT MEAL					
November 1				PED DAY	Taco Mac & Cheese	Chicken Burger with oven baked fries
November 6	Quesadilla with sour cream/salsa & corn salad	White fish bake with rice pilaf	Swedish Meatballs Boiled potatoes & veggies	Beef Broccoli on rice	Chicken stew	
November 13	Breakfast for lunch(waffle, sausage & fruits)	Italian style beef stew	Petit Pain farci/Sloppy Joe	Eggrolls & chicken fried rice	Pastichio	
November 20	Italian meatballs on rice	Shepherd's pie with pickled beets on the side	Pasta Bolognese (meat sauce)	Hot Chicken sandwich	PED DAY	
November 27	Rainbow Cheese Tortellini Alfredo	Honey garlic pork stir fry on rice	Tuna Casserole	Parmesan chicken pasta		
Desserts & Drinks	Apple sauce, Jell-O, pudding(choc/van/bscotch), Rice Krispies, homemade cake ,oatmeal cookie, cheese stick or cheese crackers					
	Juice box (apple, orange, mix fruit) water bottle, V8 or small 2% milk. * + .50\$ flavored water * + .75\$ sm. chocolate milk					

Complete meal: 3 items-Main meal (hot or cold) and choice of the 2 following items (drink or snack/dessert) = 7.25\$

Complete meal: 4 items-Main meal (hot or cold), soup, drink and snack/dessert = 7.50\$ Hot or cold main meal only: 6.00\$

- 1- In case of absence: If order is cancelled before 9am, credit can be used for another day
- 2- If there is a problem: The caterer reserves the right to modify the menu without notice
- 3- No meal will be served to your child unless the payment is included
- 4- For a returned check, there will be a fee of 20.00\$
- 5- In case of school closure, there will be no refunds
- 6- Payment can be made by cash, check or E-transfer. Make check payable to : Hélène Cuisine
- 7- Contact information: Email; helene.kuisine@gmail.com. At school; 450-621-7805 (x:6824) Cellular; 514-898-7012

Best way to contact me is by text for orders or cancellations

ORDER FORM

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Child's name: _____

Person to contact: _____

Phone number: _____

Teacher's name and group: _____

Please indicate choice of meal, drink, snack or dessert

			PED DAY	Nov 2 CM3/4 - HM3/4	Nov 3 CM3/4 - HM3/4
Nov 6 CM3/4 - HM3/4	Nov 7 CM3/4 - HM3/4	Nov 8 CM3/4 - HM3/4	Nov 9 CM3/4 - HM3/4	Nov 10 CM3/4 - HM3/4	
Nov 13 CM3/4 - HM3/4	Nov 14 CM3/4 - HM3/4	Nov 15 CM3/4 - HM3/4	Nov 16 CM3/4 - HM3/4	Nov 17 CM3/4 - HM3/4	
Nov 20 CM3/4 - HM3/4	Nov 21 CM3/4 - HM3/4	Nov 22 CM3/4 - HM3/4	Nov 23 CM3/4 - HM3/4	PED DAY	
Nov 27 CM3/4 - HM3/4	Nov 28 CM3/4 - HM3/4	Nov 29 CM3/4 - HM3/4	Nov 30 CM3/4 - HM3/4		

Qty of meals: _____ x 7.50 \$

Qty of meals: _____ x 7.25 \$

Qty of meals: _____ x 6.00 \$

Purchase prepaid amount _____ \$

Total(payment included) _____ \$